

Belmont Wellness Coalition (BWC)
DFC Grant SPO-80659-01
Meeting Agenda
Thursday, May 21, 2019 at Noon – 1:30 PM
Fire Department HQ Conference Room, Belmont, MA

I. Introductions

II. Brief Review of April's meeting **(Lisa)**

- We reviewed new data (parent surveys, student focus group, guidance)
- We updated the Root Causes based on the data:

Top Four Root Causes:

- 1 – Overwhelming academic stress/boredom (lack of coping skills)
- 2 – Low Perception of Harm Among Students (cool factor, curiosity)
- 3- Parent Permissiveness (low perception of harm)
- 4- Availability (fake IDs, internet, siblings, and older friends)

III. Driver Diagram to Prevent Substance Use **(Anne)**

- Identifying the Drivers:

IV. Evidence Based Prevention Strategies **(Anne/Lisa)**

- See handout with examples.
- What are other communities doing to mitigate stress?
Substance Abuse Prevention Collaborative (SAPC) - with Brookline, Waltham, Watertown, and Belmont

V. BWC Subcommittees / BWC Summer Work? **(Lisa)**

- Communications (website creation, Facebook posts)
- Vaping – (Work with Health/Police Departments on Compliance Checks at stores, signage)
- YRBS data analysis – (this may be in the fall, as a lead up to the rollout of the data, as overseen by the School Department)

VI. Discuss Coalition Next Steps **(Lisa, Anne)**

- Logic Model/Continuous Improvement

VII. Updates, other topics of concern: **(Lisa)**

VIII. Set Next Meeting

- Thoughts on a summer BWC meeting?
- Lisa will send a scheduling doodle for the next meeting.