

**Belmont Wellness Coalition (BWC)**  
**DFC Grant SPO-80659-01**  
**Meeting Agenda**  
**Thursday, January 23, 2020 at 12:00 – 1:30 PM**  
**Fire Department HQ Conference Room, Belmont, MA**

**1. Introductions and Welcome:**

**2. Updates:**

- a. BWC Website – logo
- b. Screenagers Next Chapter – over 200 in attendance!
- c. *The Loved Child* parent conversations

*Explore:* Should the BWC have a role in developing an ongoing group that meets (twice monthly) to support parents/care givers?

- d. BHS Stress Busters (hot cocoa and therapy dogs during midterms)
- e. Peer Group Development – BHS student focus group is scheduled for Wed. Feb. 5

*Input Requested:* What kinds of questions should we ask the 12 students? Basic topic concerns what the students would like to see, as we think about forming a Youth Group at BHS.

**3. Possible Upcoming Events:**

- Minding Your Mind event – person with lived experience
- \$1,000 donation for Senior/Parent event
- YMHA training in Belmont (church group leaders, Rec. Department, Guidance Departments, School Nurses, etc.)

**4. Chenery Updates:**

- Community Block
- YRBS data deep dive with faculty
- Two Parent Coffees – (Barbara)
- Mykee Fowlin – day and evening presentations – (Barbara)

**5. Set Next Meeting**

- Lisa will send a scheduling doodle for the February meeting.