

Belmont Wellness Coalition (BWC)
DFC Grant
Meeting Agenda (Virtual)
Monday, October 5, 2020 at 11:30 – 12:30 PM

1. Welcome, Introductions, Check-Ins

2. BWC Updates:

- a.) Have you checked out our website? <http://belmontwellness.org>
- b.) Educational Videos with the BMC have resumed (see FB or website for links)
- c.) Forming a Parent (Support) Group
- d.) Creation of SEL educational documents (draft was sent)
- e.) Creation of student SEL survey (draft was sent)
- f.) Creation of Coalition guidelines (draft was sent)
- g.) Bringing a Social Justice/Racial Equity lens to the work we do

3. Peer Leadership Updates:

- We have BHS student volunteers!
- Sophia is the facilitator

4. Seeking Ideas for Fall 2020 Programming (virtual)

- a. *Parent Workshops*
 - PTO workshops? Evening/Zoom/topics?
 - Collaboration with The Loved Child?
- b. *Minding Your Mind* (<https://mindingyourmind.org>)
 - For middle school? High school? Students or parents?
- c. Other possibilities?

5. Closing Thoughts, New Business, etc.