

Belmont Wellness Coalition (BWC) - Meeting Minutes
Tuesday, April 10, 2018 at 3:00 PM
Fire Department HQ Conference Room

I. Introductions

II. Update Concerning Mini YRBS survey (Lisa)

DF – need to do YRBS more frequently - see trends in data
SRR - In communication with Principals – evaluation of mini YRBS data – may be money from Anne Wang – she is a professional data reader – SRR will follow up with Anne –
YRBS – will Middlesex League give us the raw data? Lisa will ask Assistant Super.
Darius – Lisa discussed possible roll out of the data
SRR – soften the stigma in Belmont
DF – comparing the data –
SRR – fall numbers look rosier than
SRR – highly suggest passive consent – will give school department – form
Social Norming Campaign – positive YRBS spin

III. Thursday, May 3, CMS PTO Parent Workshop (Lisa)

Vaping concerns from middle school parents
Open campus – kids (Junior and Seniors) can leave the school – can use bathroom without accountability
School security discussed –
Melissa – open campus problem – in and out – uberling everywhere – entering and leaving
DF - Put structures in place things in place before new school

BSB – can help advertise

IV. BWC Facebook Page (Lisa)

BSB – offered to create a fb page
Lisa or a Coalition

V. Speaker Event for Fall 2018 (Melissa/Lisa)

Discussed possibilities - Chris Herron (SRR provided some background information on Chris Herron) – Jon Mattleman – Belmont resident – (Michael Fowland, New

Jersey – “You Don’t Know Me Until You Know Me” Improbable Players – in school – allows all attendance –

Wait for mini-YRBS data?

Belmont – Lisa will talk with Cristina about a BSB grant possibility -

Lisa H. in charge of BHS Speaker series ... via Melissa

See what comes up with grade 8 data – then book speaker

Cristina – Waltham and Newton YMCA – could get it (*surveys or parent test messages) out through BSB

VI. Youth Concerns, Perspective (Jane and/or Zoe)

LGBTQ – stigma - SRR – tend to be higher risk in all the categories –

Melissa – two diversity weeks – LG will email M - to get information on the activities

– DF – accepting climate at school

VII. Updates, other topics of concern (all)

- **Next Narcan Training** - still waiting – should we combine with CPR, Heart Saver, mini-hands on? Lisa will work with Brie –
- **Handout – DFC Grant 12 Month Action Plan** - SSR – provided some background information on the grant – 5 year – with possibility to renew – she reviewed the Coalition requirement – Board of Health response – lack of data and new Coalition are challenges – but may indeed get it – not limited to 12 month action plan – that provides a road map that we can deviate from -
- **YMHFA** – training – still interested in offering the training- Lisa and Steph explained the training - Lisa will follow up with Cristina – Watertown branch has a training room -

VIII. Set Next Meeting - (Lisa)

Consider: Tuesday, June 12 at 7:00 pm

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