

**Belmont Wellness Coalition (BWC) - Meeting Minutes**  
**Tuesday, September 11, 2018 at 7:00 PM**  
**Fire Department HQ Conference Room**

In attendance: Lisa Gibalerio, Melissa O'Connor, Wendy Conroy, and Reverend Joe Zarro

**I. Introductions (All)**

**II. DFC Grant Update (Lisa)**

Lisa informed those present that Wayside received the DFC grant! It will not take effect until October 1 and Wayside will oversee the grant. The primary focus, for a while, will be to continue to develop the BWC using the SPF (Strategic Prevention Framework) as a model.

**III. Mini YRBS Data Update (Lisa)**

Lisa explained some of the highlights of the data, which suggest programming geared toward juuling/vaping prevention. Melissa noted that Mr. Brow (BHS Principal) is discussing the diversionary program (that he developed) concerning juuling/vaping at Newton-Wellesley Hospital on Monday, December 3, 2018. Lisa noted that there is a Vaping/Juuling presentation (Dr. Jonathon Winickoff) at Newton-Wellesley Hospital on Wednesday, September 26 at 7:00 pm.

**IV. BHS - Speaker Series (Lisa)**

Melissa reported that the Speaker Series funding has been cut. The speaker series had consisted of the following speakers who were engaged once a year for the following classes:

**Freshmen:** John Halligan- lost his son Ryan from social media bullying (anti bullying, raising parental awareness)

**Sophomore:** Chris Herren - drug/addiction awareness, lived experience

**Junior:** Ed Gerety - motivational speaker (create positive school culture, youth leadership, etc.)

**Senior:** Cara Filler - lost her sister in a drunk driving accident

**Action Item:** Lisa will reach out to BASEC and to the BHS PTO to get a sense of their own speaker series and any possibility of collaboration with the BWC.

**V. Youth Concerns, Perspective (Jane and/or Zoe)**

The youth were not available to attend tonight.

**VI. Updates, other topics of concern (All)**  
**- BWC Facebook Page**

Cristina (Belmont Savings Bank) will work to make the FB page public. Joe was added to the list of editors of the FB page. Perhaps with the DFC grant funding, a BWC website will be a top priority.

**Action Item:** Lisa will meet with Cristina concerning the Facebook page as well as the possibility of having the BWC apply for a BSB grant this fall.

**VII. Set Next Meeting - (Lisa)**

Tuesday, Oct. 23 at 7:00