

Primary areas of need in Belmont - as identified at the Dec. 2018 Belmont Wellness Coalition Meeting - through study of Belmont substance use data:

- Vaping is on the rise, parents are not talking to their kids about it, they don't think their parents think of it as wrong as other substances, and they think other students think it is okay to vape
- There is a high rate of alcohol use; there is a perception that everyone is drinking (climate survey)
- Prescription drugs (has not gone down) – opioids
- Transition from 8th to 9th grade – shows an increase in use and perhaps being offered substances at school
- Parental disapproval of vaping and unsupervised house parties is low and conversations with their kids are not happening as often with vaping, prescription drugs, sniffing or huffing