## Presentation to the School Committee by the Belmont Wellness Coalition



Building Strength, Hope & Resiliency



BELMONT WELLNESS COALITION

# Belmont Middle School and High School Social-Emotional Learning Survey Results

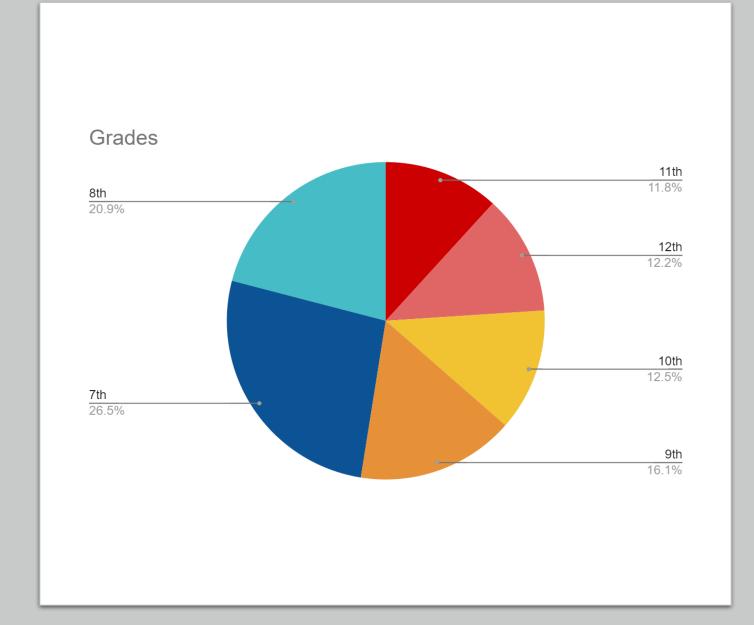
School Committee Meeting April 27<sup>th</sup>, 2021

## Survey Purpose

The impetus for administering the SEL Survey was to understand how the pandemic was impacting our students socially and emotionally, and therefore where they require additional support.

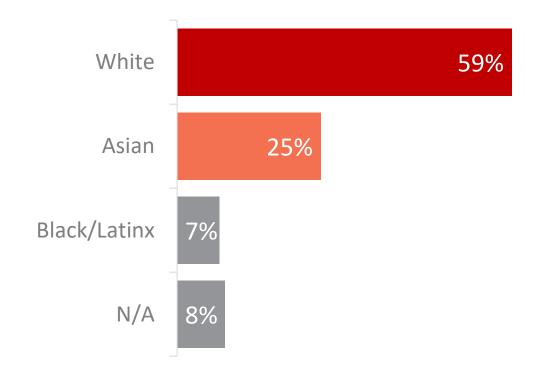
## Survey Implementation

- December 2020 and January 2021
- 697 students from 7<sup>th</sup> to 12<sup>th</sup> grades

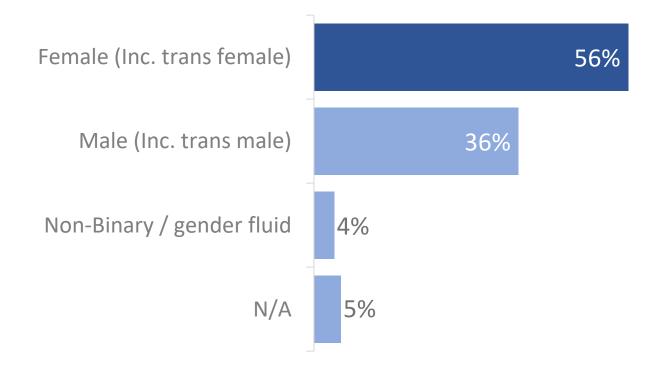


## Demographics



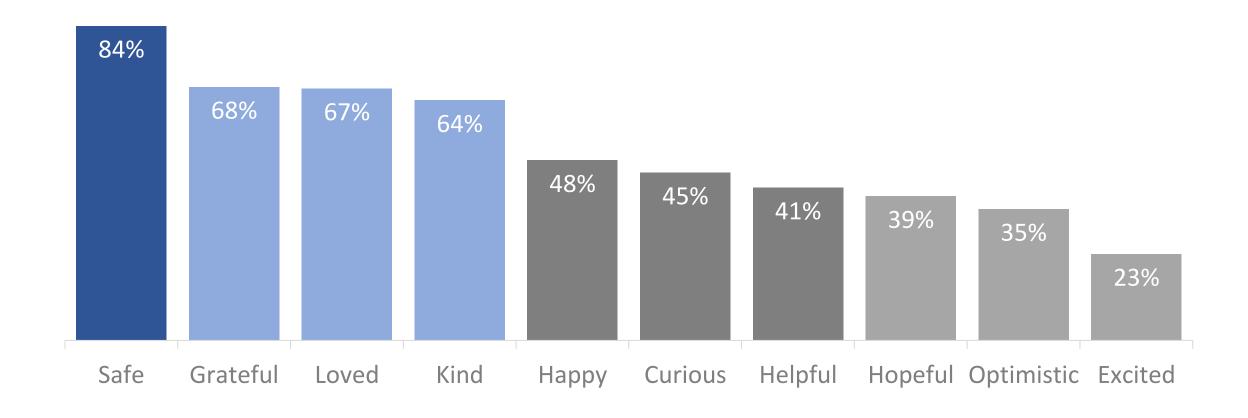


#### By Gender



#### Positive emotions

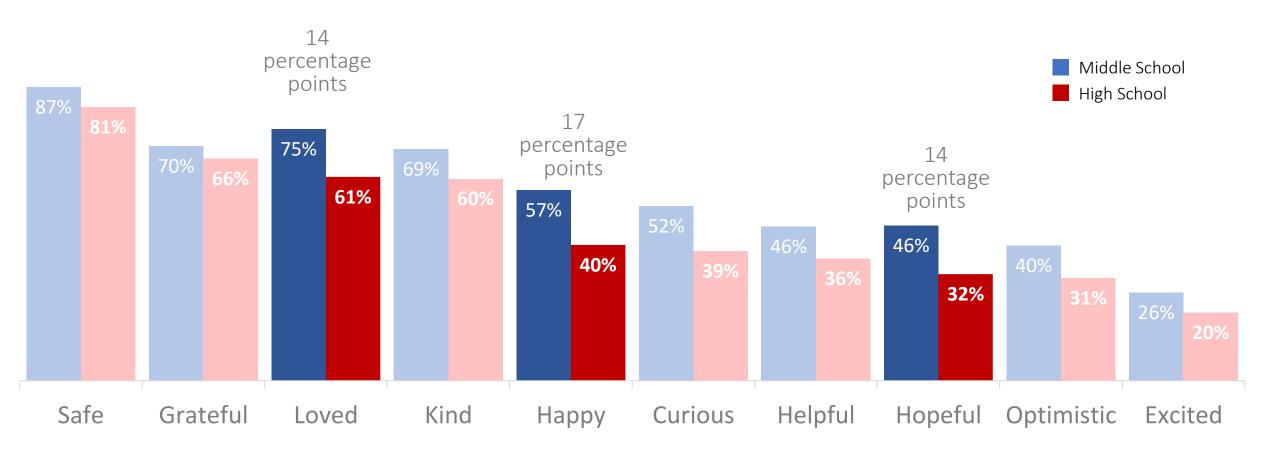
During the past week, How often did you feel ...?
Percent who selected frequently or almost always



## Positive emotions by school

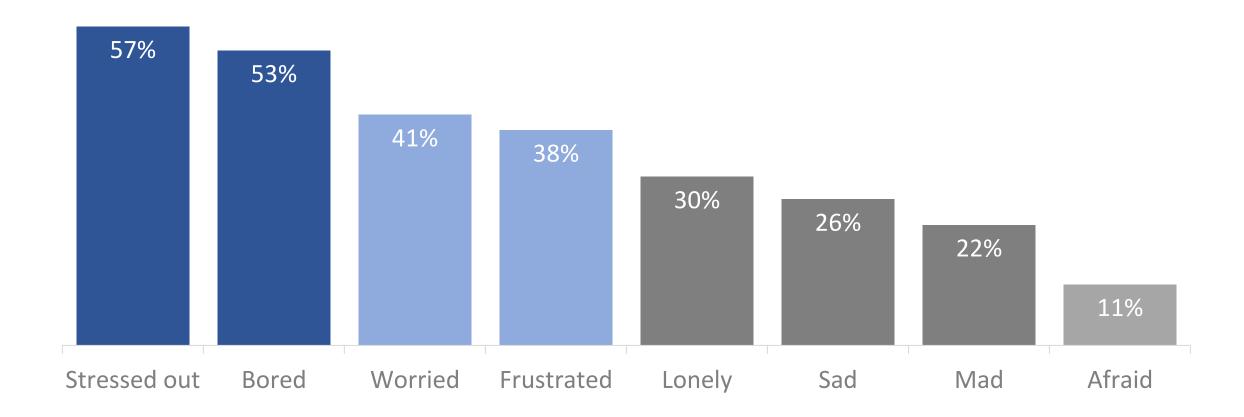
During the past week, How often did you feel ...? Percent who selected frequently or almost always

Clear drop of positive emotions from Middle School to High School



## Negative emotions

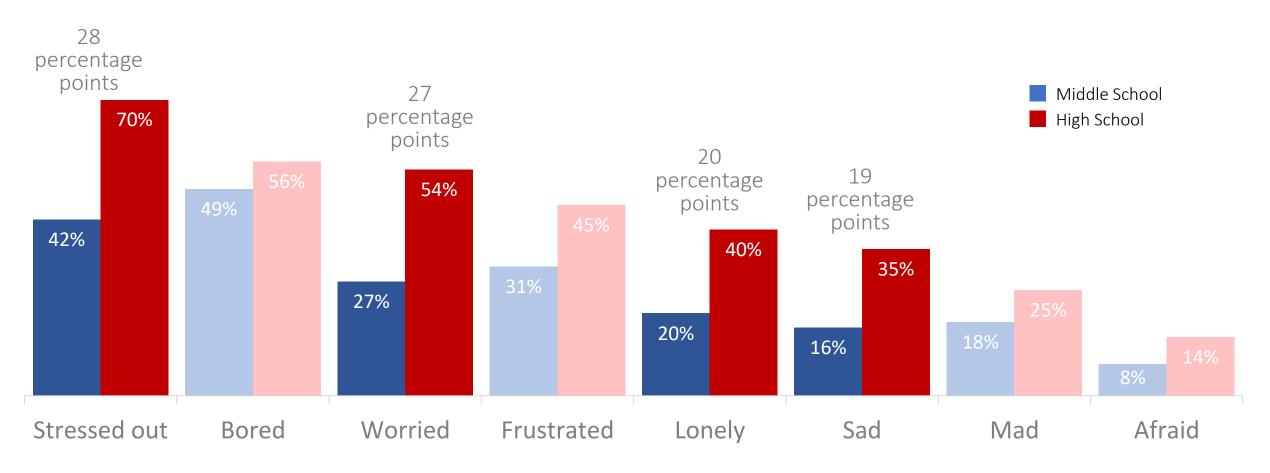
During the past week, How often did you feel ...?
Percent who selected frequently or almost always



## **Negative emotions**

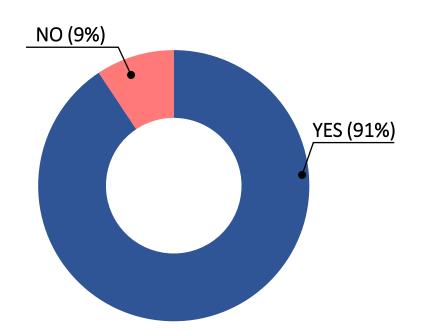
During the past week, How often did you feel ...? Percent who selected frequently or almost always

Clear increase of negative emotions from Middle School to High School

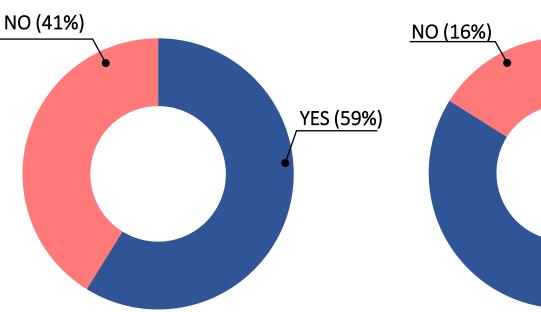


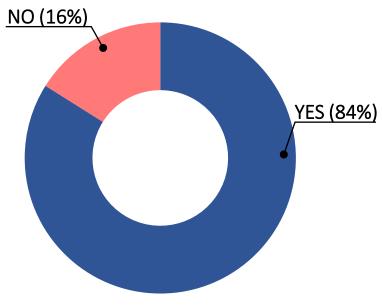
...they can count on to help them, no matter what?

Family member or other adult outside of school



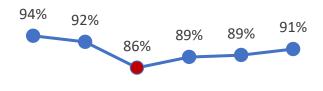
A teacher or other adults from school





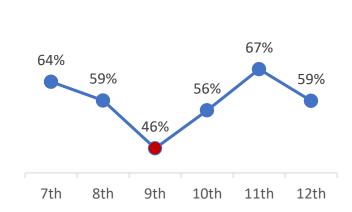
...they can **count on to help them**, no matter what?

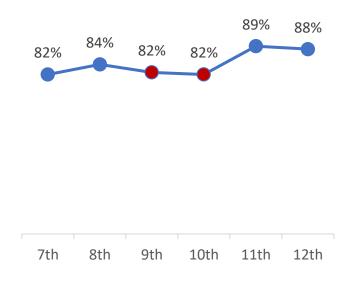






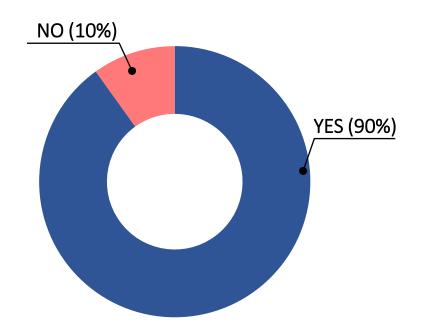
## A teacher or other adults from school



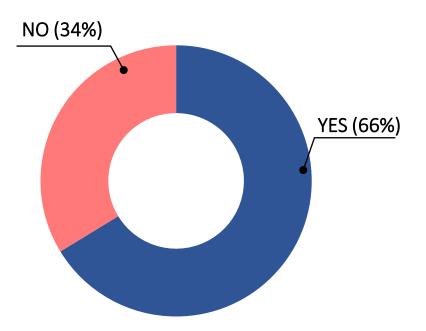


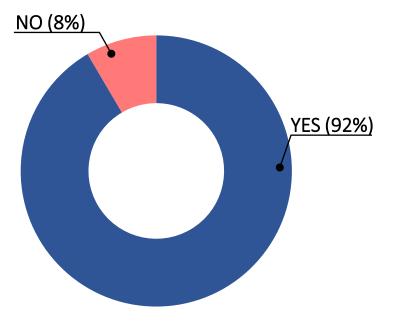
...who they can be themselves around?

Family member or other adult outside of school



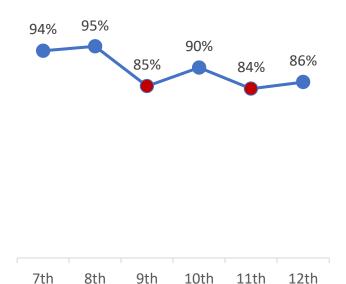
A teacher or other adults from school





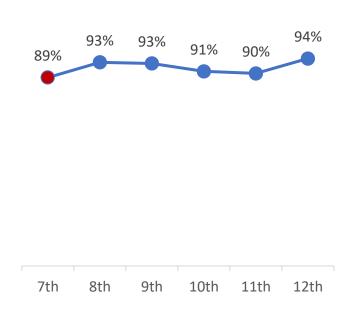
...who they can be themselves around?





## A teacher or other adults from school





## Connection with Adults and Peers

Not at all connected

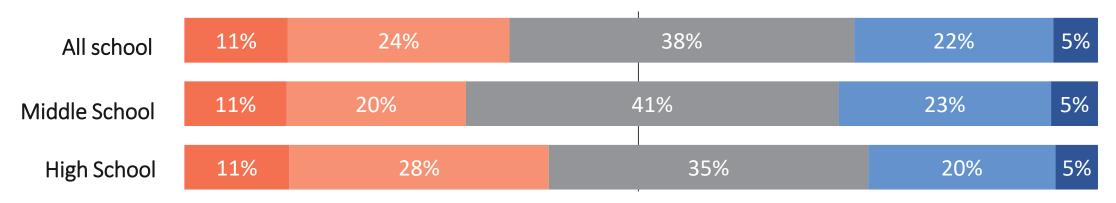
Slightly connected

Somewhat connected

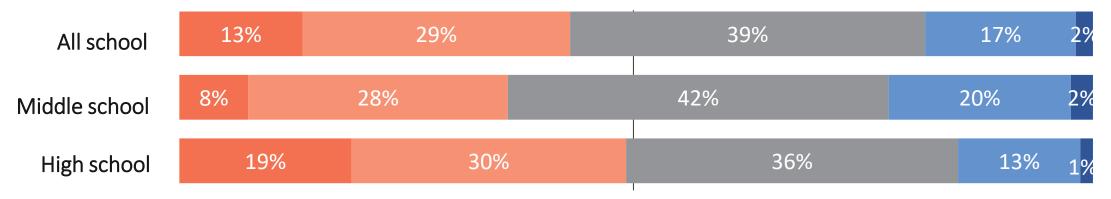
**Quite connected** 

**Extremely connected** 

#### How connected do you feel to other students at your school?



#### How connected do you feel to the adults at your school?



## Connection with Adults and Peers 9th grade

Not at all connected

Slightly connected

Somewhat connected

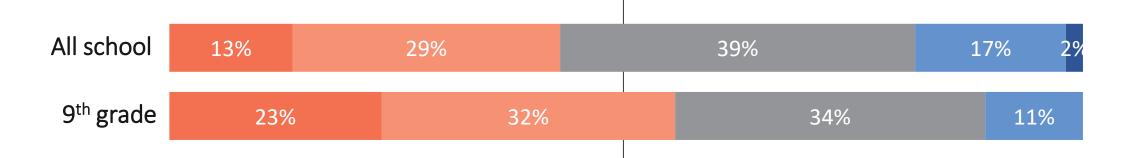
**Quite connected** 

**Extremely connected** 

#### How connected do you feel to other students at your school?



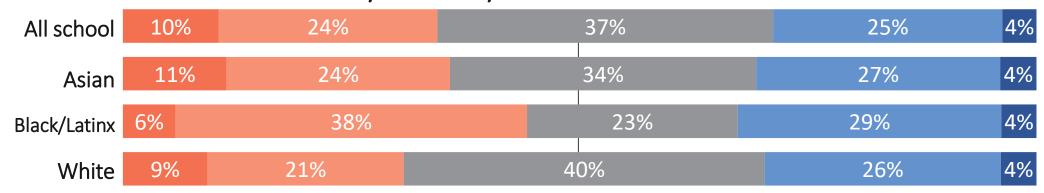
#### How connected do you feel to the adults at your school?



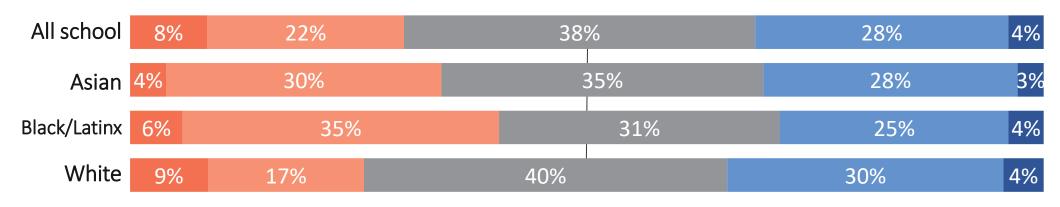
## Sense of belonging



#### How much do you think you matter to others at this school?



#### How well do people at your school understand you as a person?



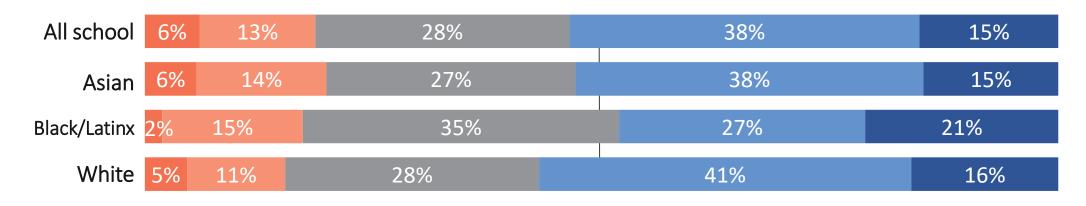
## Sense of belonging

Do not at all	A little bit	Somewhat	Quite a bit	Tremendous amount
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#### How much respect do students in your school show you?

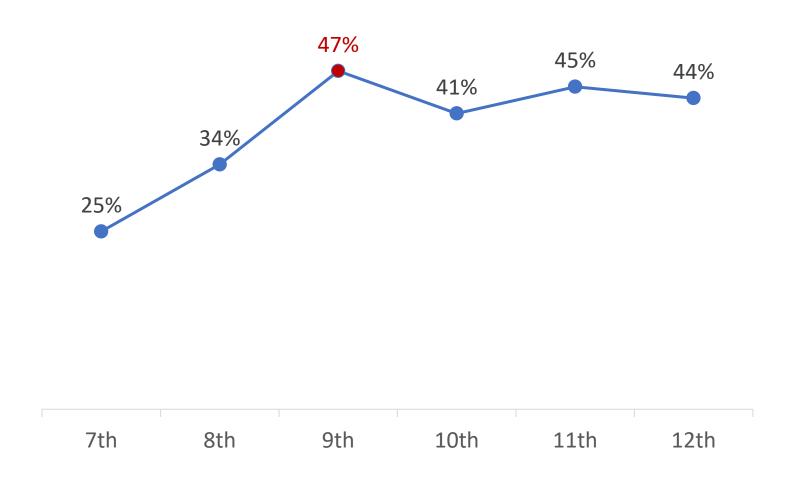


#### Overall, how much do you feel like you belong at your school?



## Overwhelming Stress

Percentage of students that respond always and most of the time feeling overwhelming stress

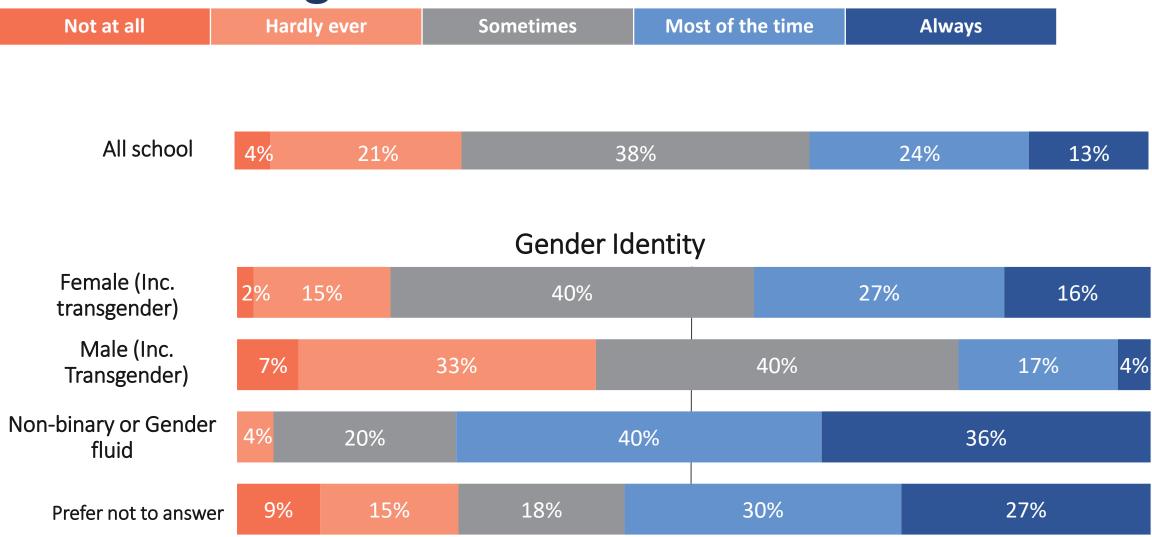


## **Overwhelming Stress**



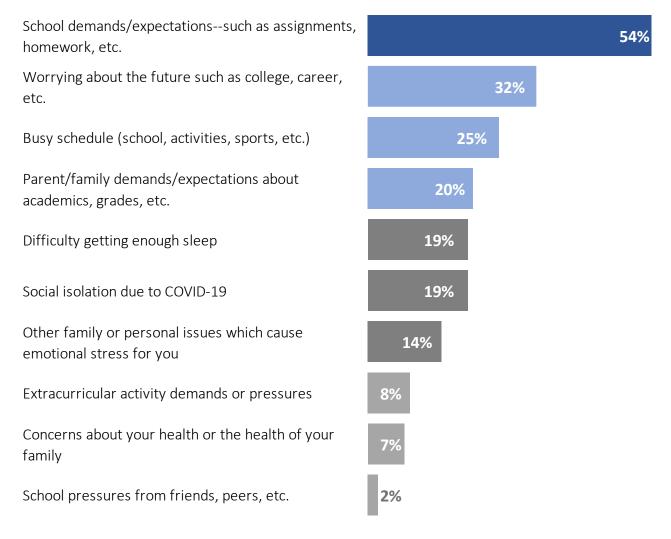


## **Overwhelming Stress**



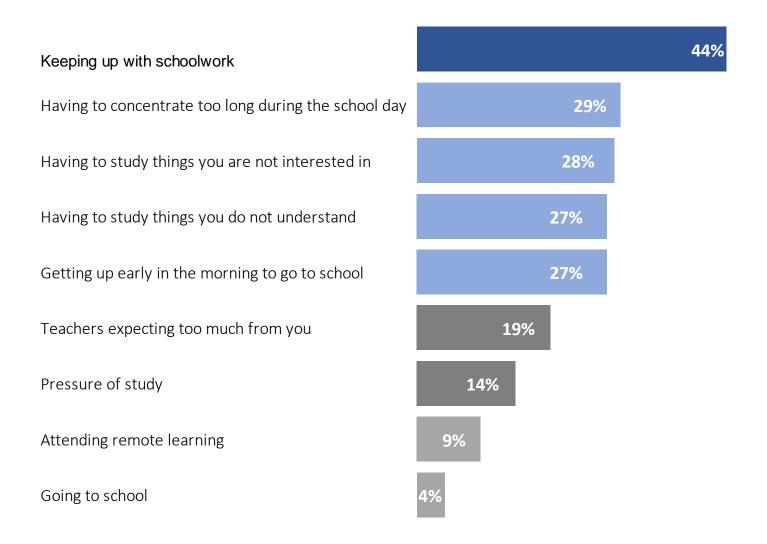
#### Source of stress

Causes for the most negative stress Top2



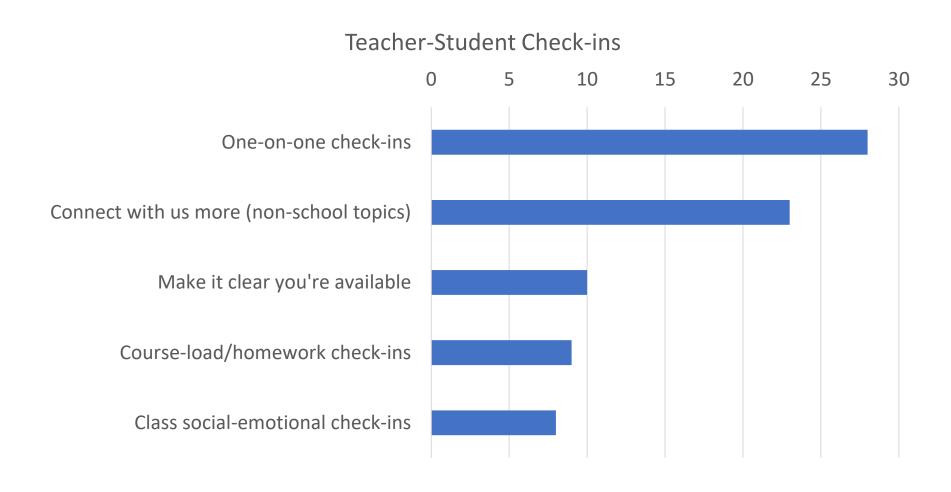
### Most stressful about school

#### Top2



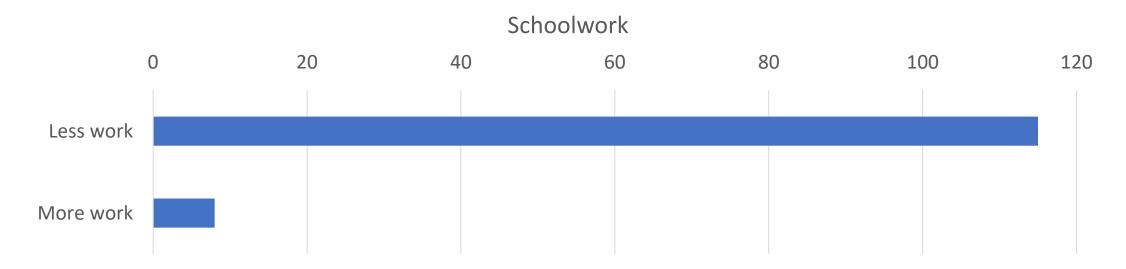
## Suggestions for Teacher-Student Check-ins

N = 332



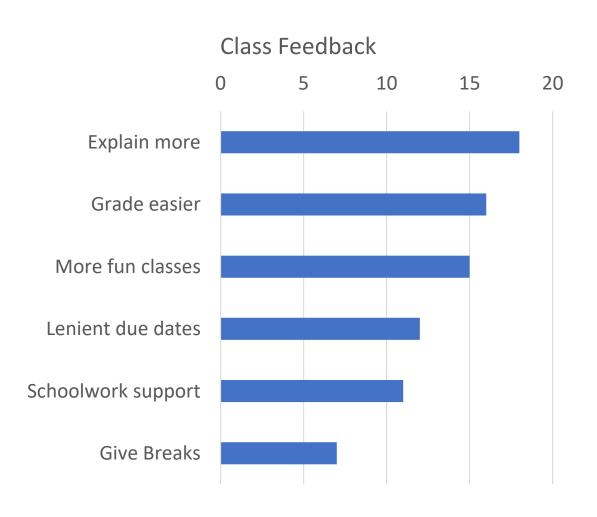
## Suggestions about schoolwork

N=332



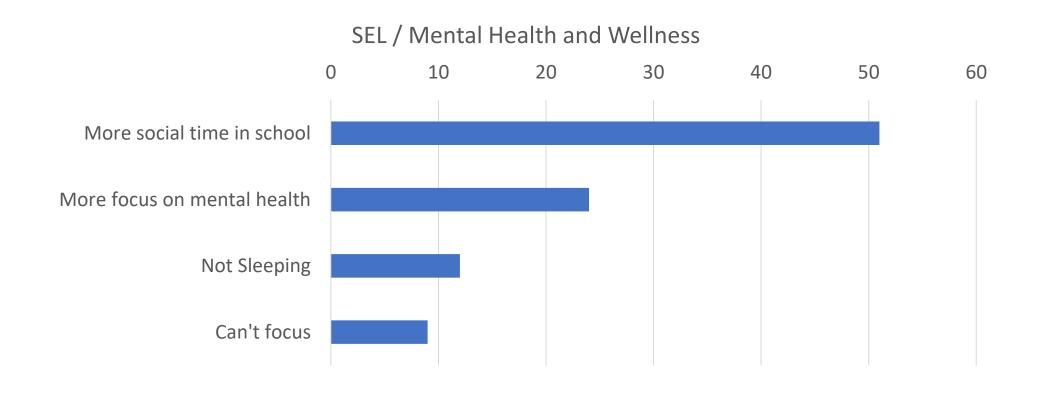
## Suggestions about class

N=332



## Suggestions about Mental health and Wellness

N = 332



# Questions? Next Steps?

#### Contact us!

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Visit our website to learn more about the Belmont Wellness Coalition

http://belmontwellness.org/