

Therapist Resource List (for Adults)

Prepared by Lisa Gibalerio, MPH, Belmont Wellness Coalition, Prevention Specialist at Wayside Youth and Family Support Network

Contact: lisa_gibalerio@waysideyouth.org

Larry Kron, Cambridge

617-448-6237

Amanda Peacock, Watertown

617-320-3709

Karen Owens-Schwartz, Belmont

617-528-9718

Carol Lambert, Belmont

617-484-2272

Suzanne Marcus, Arlington

781-277-7736

Web Resources:

Therapy Matcher

Therapymatcher.wordpress.com

Psychology Today

Click on "*Find a Therapist*"

Therapeutic Groups:

McLean Hospital Outpatient therapy, groups, couples therapy 115 Mill Street Belmont, MA 02478	617-855-2300 https://www.mcleanhospital.org/treatment/adult-outpatient	Most Insurances
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Substance Misuse Services Hotlines

Mass Substance Abuse Information & Education Hotline	1-800-327-5050	www.helpline-online.com
Square Medical Group (Watertown)	(617) 916-5069	Intensive Outpatient Program for substance abuse and recovery. Takes MassHealth and other insurances

Assistance Applying for Mass Health

Health Care for All	1-800-272-4232	English, Spanish, Portuguese www.hcfama.org/helpline
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Autism Resources

Lurie Center for Autism at MGH 1 Maguire Rd, Lexington, MA 02421	(781) 860-1700 https://www.massgeneral.org/children/autism/lurie-center	Services for children, adults, and families
Asperger Autism Network 51 Water Street, Suite 206 Watertown, MA	(617) 393-3824 https://www.aane.org/resources/adults/	Resources for children, adults, and families