

**Belmont Wellness Coalition (BWC)
Meeting Agenda (Virtual)
Thursday, April 7, 2022 from noon – 1:00 PM**

1. **Welcome [Introductions, Check-Ins]**
2. **Parent Survey** Lisa
 - Data highlights
3. **Peer Mentorship – Subgroup Update** Sophia
4. **Other BWC Updates:**
 - a) **Monthly Parenting Group** Sophia

Next Meeting:
Wednesday, April 27, 7:00 - 8:00 PM (virtual)
Topic: *Supporting Belmont's LBGTQ+ Youth*
 - b. **LBGTQ+ Alliance** Chris
 - c. **Yoga for Students** Waverley Oaks offering free yoga for students Jon
5. **BWC Donation Funding Update** Lisa
6. **Upcoming Programming:** Lisa

Tuesday, 4/26 – BHS Seniors and Parents
Tuesday, 5/3, 7:00 – 8:00 PM – BHS PTSO *“Understanding Youth Mental Health”*
7. **Closing Thoughts and other Updates**
 - Links to weekly video segments can be found on BWC website:
belmontwellness.org
 - Next BWC Meeting: Lisa will send a doodle.