



**Talk with other Belmont parents about parenting teens and tweens for mutual support and learning.**

**Belmont Wellness Coalition's**

# **PARENTING GROUP**

Starting September 21st, 2022 on Zoom  
Continuing the last **Wednesday** of the Month, **7-8pm**  
through the school year.

**Topics are decided by parents, and can include:**

- **Mental Health**
- **Relationships & Dating**
- **How to talk about Substance Misuse**
- **Bullying**
- **And more!**

Email [Maeve\\_Kennelly@WaysideYouth.org](mailto:Maeve_Kennelly@WaysideYouth.org)  
if you are interested in participating.



Learn more at  
[BelmontWellness.org](http://BelmontWellness.org)

