

Belmont Wellness Coalition (BWC)
Meeting Agenda (Virtual)
Tuesday, November 8, 2022 from 12:30 – 1:30 PM

1. **Welcome [Introductions, Check-Ins]**

2. **Data Updates:**
 - VOCAL survey data (climate survey of grades 4, 5, 8 and 10) Janice
 - 2022 YRBS from Concord/Carlisle Nadia

3. **2023 Programming:** Lisa
 - The NAN Project -- **Suicide Prevention FACTS (Feelings, Actions, Changes, Threats, Situations)** – tentative date: Monday, March 6 at 7:00 PM
 - “Straight Talk” with BHS Seniors
 - *Having Difficult Conversations* – Parents of grades 7 – 12
 - BHS Seniors and Parents (Social Host, Substance Misuse strategies, etc.)

4. **Student Ambassador Updates:** Maeve
 - Where they want to focus
 - The NAN Project possibilities (peer mentorship, QPR)
 - Note: BWC/SA meeting see next item

5. **BWC and Student Ambassador Combined Meeting:** Lisa
 - **WED., Nov. 16 at 7:00 PM - Fire Station on Trapelo Road (the NAN Project)**
 - Please try to attend to hear directly from students

6. **Closing Thoughts and other Updates**
 - Next meeting: picking a standard day-of-the week and time?