Belmont Wellness Coalition (BWC) Meeting Agenda (Virtual) Monday, December 5, 2022 from 1:00 - 2:00 PM

1. Welcome [Introductions, Check-Ins]

2. Student Ambassador Updates:

- Feedback from joint BWC / SA meeting
- The NAN Project (Peer Mentorship)
- > Presenting SA updates at School Committee Meeting: Tuesday, Jan. 3, 2023

3. 2023 Programming:

- The NAN Project -- Suicide Prevention FACTS (Feelings, Actions, Changes, Threats, Situations) - tentative date: Monday, March 6 at 7:00 PM
- "Straight Talk" with BHS Seniors (late March or early April)
- BHS Seniors and Parents (Social Host, Substance Misuse strategies, etc.)
- SEL programming for parents

4. School Department Professional Development Update Janice

The NAN Project

5. 2023 YRBS

Middlesex League - survey questions

6. Closing Thoughts and other Updates

Next meeting: picking a standard day-of-the week and time?

Lisa

Maeve

Lisa