

Belmont Wellness Coalition (BWC)
Meeting Agenda (Virtual)
Monday, March 13, 2023 from noon – 1:00 PM

1. **Welcome [Introductions, Check-Ins]**
2. **Student Ambassador Updates:**
 - Student Survey
 - SA Rebranding
 - Sticker Update
3. **BWC recent workshop (Suicide Prevention) experience**

Question – *How can we better advertise our events to increase attendance?*

 - Review what we did for publicity.
 - Question: How can we reach more families?
4. **2023 YRBS**
 - Surveys are complete.
 - Will be administered in grades 7 – 12 during the last week of April.
 - Caregiver notification.
5. **Belmont Board of Health Marijuana Regulations**
 - A change in the minimum age and in delivery of products
6. **Vaping**
 - BWC will submit helpful information (parent strategies and refusal skills) to Karla Koza for transitioning packet that will be sent to families
 - BWC will host a community forum in early October
 - Sub-group to generate prevention education for youth and families
7. **2023 Programming:**
 - **CANCELLED:** “Get Real” Talk with BHS Juniors and Seniors
 - **BHS Seniors and Parents** (Social Host, Substance Misuse strategies, etc. – April 25)
8. **Other Updates and Upcoming Coalition meetings:**

Parenting Group – next meeting: Wed., March 29, 7 – 8 PM, virtual – Please invite!

Mark your calendars for upcoming BWC meetings:

- Mon., April 10 at noon or 1:00?
- Mon., May 8 at 1:00