



## Student Mental Health Advocates 2023-2024 Goals

*Overarching goals for Student Mental Health Advocates include finding and implementing ways to promote positive and supportive connections among faculty and students at Belmont High School. Additionally, SMHA are focused on highlighting mental health resources available to students and how to access them.*

- Gather qualitative data from BHS students regarding relationships with staff to support the need for better identified trusted adults to support the One Trusted Adult campaign.
- Create a visible 'how-to' on navigating the guidance department and other social-emotional resources to reduce barriers in access for BHS students.
- Provide faculty and staff with insight on BHS student mental health and areas of need among students.