



Meeting Agenda (Virtual) **Monday, Oct. 16 12:30 – 1:30**

1. Welcome [Introductions, Check-Ins]

2. Student Mental Health Advocates

- Student Activities Fair (enrollment)
- OTA Updates
- YRBS (Social Norming, etc.)
- Social Media Risk Framework
- Ethnic/Racial Identity Interviews

- Updated Mission Statement:

The BHS Student Mental Health Advocates (SMHA) are dedicated to listening to student struggles and voicing them to the BHS administration. We strive to advocate for supportive policies and to connect students to vital resources, all with the goal of better serving BHS students' mental health.

3. Resource Updates

- Social Media Crisis Resource Guide
- Screen Time 101

4. 2023 YRBS Data - Community Presentations:

1. School Committee: Tues. Nov. 14 around 7:00 PM
2. Select Board: Mon. Dec. 4 around 7:30 PM

5. BWC Fall Events:

Teens and Screens Thurs. Oct. 19, at 730 at the Beth El Temple
Kevin Hill Vaping event Monday, Oct. 23, at 7:00 (BHS Library/Media Center)

6. Next Parenting Group:

Wed., Oct. 25 at 7:00 PM – Topic: Cell Phone Surveillance, Privacy, Secrecy – What's invasive? What's appropriate?

7. Other Items?

8. Mark your calendars for the next BWC meeting:

Mon., Nov. 13 at 12:30 – 1:30