



**Belmont Wellness Coalition (BWC)
Meeting Agenda (Virtual)
Monday: April 8, 2024**

1. **Welcome [Introductions, Check-Ins]**
2. **BWC Updates**
Brief Summary of ongoing work:
 - Twice monthly video segments
 - Parenting Group (meets monthly)
 - Belmont's Opioid Task Force
 - Please fill out - BWC Survey link: [complete this survey](#).
3. **Student Mental Health Advocate Updates**
 - Student Resource Guide
 - Tiers of Mental Health
 - Guidance Counselor Resources
 - Trusted Adult of the Week Initiative
4. **Mon., April 29 meeting for Mass Dept PH Health Cluster Grant – Youth Wellbeing**
Thank you to Becky and Elizabeth for attending.
5. **YRBS Follow Up**
School Dept. Meeting on May 1
Question: *What can BWC propose as a follow up to what the data reflects?*
6. **D.A.R.E. Board's generosity – Anthony Valentine event**
 - Monday, April 29 at Belmont Middle School (BMS)
 - Tuesday, April 30 at the Chenery Upper Elementary (CUE)
7. **Next Parenting Group:**
Wed., April 24 at 7:00 PM – Guidance around Cell phones, Screens, and Teens
8. **Thoughts on Cell Phone Policy (BHS) and Adjusting School Start Times**
9. **Belmont Connects**
Sat. May 4 at the Beech Street Center
10. **Other Items?**
11. **Mark your calendars for the next BWC meeting:**
Mon., June 10 at 12:30 – 1:30

